

ISDO - 22. Internationales Schwimmfest Dortmund

vom 03.05.2025 bis 04.05.2025 | Südbad Dortmund

Veranstalter: Startgemeinschaft Dortmund e.V. | Ausrichter: Startgemeinschaft Dortmund e.V.

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Wettkampf 209 - 400m Lagen weiblich

Wertungsklasse 6

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Malin Wachter 100m: 01:10,03 (01:10,03) 200m: 02:28,47 (01:18,44) 300m: 04:02,27 (01:33,80) 400m: 05:14,23 (01:11,96)	2009	1.FCN Schwimmen	05:14,23	595	ISDO
2.	Ella Kleinert 100m: 01:16,10 (01:16,10) 200m: 02:41,90 (01:25,80) 300m: 04:11,36 (01:29,46) 400m: 05:25,06 (01:13,70)	2011	1.FCN Schwimmen	05:25,06	538	
3.	Anna-Lena Karasek 100m: 01:18,35 (01:18,35) 200m: 02:42,27 (01:23,92) 300m: 04:19,35 (01:37,08) 400m: 05:38,07 (01:18,72)	2012	1.FCN Schwimmen	05:38,07	478	
4.	Laura Krinke 100m: 01:18,04 (01:18,04) 200m: 02:47,11 (01:29,07) 300m: 04:25,41 (01:38,30) 400m: 05:40,36 (01:14,95)	2008	VFL Gladbeck 1921	05:40,36	468	
5.	Cynthia Sander 100m: 01:22,53 (01:22,53) 200m: 02:53,00 (01:30,47) 300m: 04:28,98 (01:35,98) 400m: 05:44,88 (01:15,90)	2007	Duisburger ST	05:44,88	450	
6.	Mara Rüthers 100m: 01:24,22 (01:24,22) 200m: 02:59,79 (01:35,57) 300m: 04:42,33 (01:42,54) 400m: 06:06,29 (01:23,96)	2011	SV Blau-Weiß Bochum	06:06,29	376	
7.	Pauline Lanari 100m: 01:23,38 (01:23,38) 200m: 02:59,33 (01:35,95) 300m: 04:45,04 (01:45,71) 400m: 06:06,83 (01:21,79)	2011	TuS Dortmund-Brackel	06:06,83	374	
8.	Greta Hestermann 100m: 01:39,35 (01:39,35) 200m: 03:11,97 (01:32,62) 300m: 04:59,98 (01:48,01) 400m: 06:22,10 (01:22,12)	2010	SpVgg. Lülsdorf-Ranzel 1959, SA	06:22,10	331	
9.	Paulina Carlet 100m: 01:44,75 (01:44,75) 200m: 03:29,69 (01:44,94) 300m: 05:25,36 (01:55,67) 400m: 07:06,12 (01:40,76)	2012	SpVgg. Lülsdorf-Ranzel 1959, SA	07:06,12	238	
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	Rabea Müller	2008	SG Lünen			